

Practice Test 5a

A Listening

1 Listen and choose the correct answer from a, b, or c:

- 1 What is the talk about?
 a health b permission c safety in the kitchen
- 2 What will happen if you don't roll up your long sleeves? You
 a will burn yourself b will stay warm c will cook faster
- 3 How must you touch a hot pan?
 a Without a towel b With a towel c Without gloves
- 4 You should always use plates.
 a clean b hot c long

B Language Functions

2 Complete the following dialogue:

Doctor: What's the matter?

Sherif: I had a sandwich in a restaurant and I've got a 1.....

Doctor: I see. If you take this 2....., you'll feel better.

Sherif: How many times should I take it?

Doctor: 3....., once in the morning and once in the evening.

Sherif: I will. 4you, Doctor.

3 Supply the missing parts in the following two mini-dialogues:

1 **A:** How can I get fit quickly?

B:

2 **A:**

B: Sure, Mum. Let me hold your hand so you can get on the bus.

C Reading Comprehension

4 Read the following, then answer the questions:

Smoking is very bad for your health. The tobacco in cigarettes contains dangerous chemicals. It makes you ill. Smoking damages your lungs and you cannot breathe well. It is bad for your teeth. People who smoke cannot run or do exercise. They find it very difficult to stop smoking because their bodies need tobacco. Smoking pollutes the environment. We should all help keep the environment clean because we all live in it.

1 Why is it wrong to smoke if you like doing sports?

.....

2 What health problems do smokers have?

.....

3 Do you think it is dangerous for smokers to smoke when children are near? Why?

.....

- 4 Smoking causes to the environment.
 a fitness b safety c health d pollution
- 5 Tobacco is to our health.
 a harmful b useful c healthy d fruitful

D The Reader

5 a. Choose the correct answer from a, b, c or d:

- 1 The dragon was than the Iron Man.
 a smaller b smarter c lighter d bigger
- 2 The Iron Man asked the dragon to.....
 a sing b dance c play d sleep

b. Answer the following questions:

- 1 Where did the Iron Man tell the dragon to fly?

- 2 Why did the people want to destroy the dragon?

E Vocabulary and Structure

6 Choose the correct answer from a, b, c or d:

- 1 Nobody helped me do the homework. I did it
 a yourself b herself c myself d himself
- 2 Sugar is not for your health.
 a good b bad c fast d slow
- 3 You be late for school.
 a should b must c haven't d mustn't
- 4 How can I stop too many sweets?
 a eaten b eating c eat d ate
- 5 Most people like nuts, they?
 a don't b aren't c didn't d weren't
- 6 If you have a lot of, you will be able to run.
 a work b energy c food d advice
- 7 me help you tidy the house, Mum.
 a Shall b Can c Let d Will
- 8 We use our to think and learn.
 a backs b arms c skin d brains

7 Read and correct the underlined words:

- 1 You should going to bed early.
- 2 Milk makes our bins and teeth strong.
- 3 Fresh fruits and vegetables containing vitamins.

F Writing

8 Write a paragraph of six sentences about how to stay fit and healthy.



Tapescript

In the kitchen, roll up your long sleeves or they will catch fire. Never touch a hot pan without a towel. Always use a clean plate.