

Practice Test 5

A Listening

1 Listen and choose the correct answer from a, b or c:

- 1 When does Magda boil water?
 a When she eats. **b** When it is not clean. c When it is clean.
- 2 What does Magda wash before she cooks?
 a the water b her face **c** her hands
- 3 Magda food in the fridge.
 a washes b covers **c** keeps
- 4 Magda the food if it is not in the fridge.
 a cooks b eats **c** covers

B Language Functions

2 Complete the following dialogue:

- Dr Mohsen:** A healthy meal contains food from the five main food groups.
Sherifa: What are the five main food groups, Dr Mohsen?
Dr Mohsen: Those are **1** ..*proteins*....., carbohydrates, **2** ..*fruits*..... and vegetables, dairy and fats.
Sherifa: What are dairy foods?
Dr Mohsen: They are foods that have a lot of **3** ...*calcium*..... in them, like milk and cheese.
Sherifa: Yes, milk and cheese give us strong bones and **4**...*teeth*....., don't they?

3 Supply the missing parts in the following two mini-dialogues:

- 1 **Amina:** I want to lose some weight. What can I do?
Injy: ..*(Suggested) You could eat more fruit instead of sweets*.....
Amina: That's a good idea. I'll try not to eat sweets often.
- 2 **Abdul Rahman:** *(Suggested) We should always eat healthy meals, shouldn't we?* ?
Dr Fathy: Yes, it's very important to eat healthy meals every day.
Abdul Rahman: Thank you, Dr Fathy.

C Reading Comprehension

4 Read the following, then answer the questions:

Ali fell and broke his leg last week. The doctors say he can walk, but he must be careful. They don't want him to fall again, so he can't run! Ali feels well so he can go to school, but he mustn't do any sports at school. Ali's friend Ahmed can leave school five minutes early to help Ali carry his bag home at the end of the day.

- 1 How did Ali break his leg? *He fell*.....
- 2 What can't Ali do at school? *He can't do any sports*.....
- 3 Why can't Ali run? *He can't run because the doctors don't want him to fall again*..

- 4 Someone is going to help Ali to
 a play sports b run c walk **d** carry his bag home
- 5 Ali can walk only if he walks
a carefully b accurately c slowly d fast

D The Reader

5 a. Choose the correct answer from a, b, c or d:

- 1 When did the Iron Man get out of the trap?
 a immediately after he fell in b after two days
 c after the farmers saw him **d** after one year
- 2 The Iron Man followed the farmers and Hogarth to
 a a trap b a farm with a plough **c** a scrap metal yard d a family eating lunch

b. Answer the following questions:

- 1 Why did Hogarth make a sound with a nail and a knife?

Hogarth made the sound to make the Iron Man look at him.

- 2 The farmers wanted to trap the Iron Man. Were the farmers bad people?

Students' own answers

E Vocabulary and Structure

6 Choose the correct answer from a, b, c or d:

- 1 It is important to before you do sports.
 a beat b heal **c** stretch d lift
- 2 You are if you do sports every day.
a fit b hurt c natural d dangerous
- 3 You can't under water.
 a relax **b** breathe c break d melt
- 4 Bread, rice and pasta are examples of
 a vegetables b fats **c** carbohydrates d dairy foods
- 5 You should eat a healthy breakfast every day,?
 a should you **b** shouldn't you c could you d do you
- 6 you practise tennis often, you won't be able to win a match.
 a Because b If **c** Unless d When
- 7 That bag is too heavy to lift,?
 a does it b wasn't it c is it **d** isn't it
- 8 You will hurt yourself if you a hot pan.
 a touches **b** touch c touched d touching

7 Read and correct the underlined word(s)

- 1 You don't like Sawahli music, don't you? *You don't like Sawahli music, do you?*
- 2 Why don't you make some exercise every day? *Why don't you do some exercise every day?*
- 3 People with damaged legs can't breathe very well.
People with damaged lungs can't breathe very well.

F Writing

8 Write a paragraph of six sentences on how your mother is always careful in the kitchen.



Tapescript for Ex.1

Magda boils water if it isn't clean. She washes her hands before she eats or cooks. She keeps food in the fridge or covers it